

Access Your Success—Three Day Intensive

Day 1	Day 2	Day 3
<p>10:00am—11:20am Foundation (S1)</p> <p>11:20am—11:40am Snack break</p> <p>11:40am—1:00pm Introduction to Hypnosis (S2)</p> <p>1:00pm—1:30pm Breathing Techniques (S3)</p> <p>1:30pm—1:50pm Break</p> <p>1:50pm—3:00pm Relaxation Techniques (S4)</p> <p>3:00pm—4:30pm Lunch Break</p> <p>4:30pm—6:00pm Self-awareness (S5)</p> <p>6:00pm—7:00pm Identify Limiting Beliefs (S6)</p> <p>7:00pm—7:20pm Break</p> <p>7:20pm—8:20pm Replacing Limited Beliefs (S7)</p> <p>8:20pm—8:30pm Homework Assignment</p> <p>8:30pm Free time</p>	<p>10:00am—10:20am Class Sharing</p> <p>10:20am—12:20pm Get Clear—Find Your Passion and Life Purpose (S8)</p> <p>12:20pm—12:40pm Break</p> <p>12:40pm—2:00pm Set Goals (S9)</p> <p>2:00pm—3:30pm Lunch Break</p> <p>3:30pm—4:40pm Manifest passion visualization (S10)</p> <p>4:40pm—5:00pm Break</p> <p>5:00pm—6:00pm Affirmation (S11)</p> <p>6:00pm—6:20pm Break</p> <p>6:20pm—7:20pm Create New Behavior (S12)</p> <p>7:20pm—7:30pm Homework Assignment</p> <p>7:30pm Free time</p>	<p>10:00am—10:20am Class Sharing</p> <p>10:20am—12:20pm Positive Mindset (S13)</p> <p>12:20pm – 12:30pm Break</p> <p>12:30pm—1:40pm Power of Love (S14)</p> <p>1:40pm—3:10pm Lunch Break</p> <p>3:10pm—4:10pm Self-motivation (S15)</p> <p>3:40pm—5:00pm Raise Your Vibration (S16)</p> <p>5:00pm—5:20pm Break</p> <p>5:20pm—6:20pm Wealth Consciousness (S17)</p> <p>6:20pm—7:20pm Take Committed Action (S18)</p> <p>7:20pm—7:50pm Enrollment Break</p> <p>7:50pm—8:30pm Graduation Ceremony</p> <p>8:30pm Free time</p>